



UNIVERSITY  
of HAWAII  
HILO

# Around da House

## Weekend Trips

For more information and a complete listing of trips for the semester, visit our website at <http://www.uhh.hawaii.edu/studentaffairs/housing/reslife/Activities.php>

## Upcoming Events:

Sign-up for PADI Dive Certification	02.02
Kua Bay	02.07
Day at the Bay	02.08
Heartwalk	02.14
Valentines Day at Hapuna	02.14
Waipio	02.15

It's not that I'm smart, it's just that I stay with problems longer.

-Albert Einstein

## DO NOT FORGET

Applications for On Campus Housing are now being accepted at the UHH Student Housing Office.

Applications can be downloaded from the Student Housing website (<http://www.uhh.hawaii.edu/studentaffairs/housing/>) or can be picked up at the Student Housing Office in PB-11.

The deadline for priority consideration is April 1, 2009.

## What's going on...



**Hapuna had huge surf... but the pool party in Hilo lucked out with clear skies and good food!**



**Green Sand, sun, and a beautiful hike!**



Watching sunset at the Mauna Kea Visitor Center, followed by a tour of the stars on the worlds largest mountain!

**February is National Eating Disorder Awareness Month**



## New H-games Champions!

In a close contest between the Halls, Hale Kauanoë came out the winner after the H-Games competition at the new Student Life Center Pool. The final round involved water polo, a relay race, and water volleyball with only 10 points separating the team finishes. Kauanoë ended up with 105 points followed by a tie for second between Ikena and Kehau with 100 points. Kale Kanilehua has been the reigning H-Game Champion for the past two years. Hale Kauanoë will receive their trophy and have their name inscribed on the H-Game Plaque. As the winner, they will hold the plaque for the Fall 2009-2010 school year. Congrats Kauanoë!

## Kani's Korner!

Why kani is so great:

- \*24 hour kitchen
- \*24 hour lounge
- \*Tim Mangolds
- \*water fountain
- \*best pool table

on campus

\*tight knot community  
...real world kani -

-residents you know what we mean...

## Riddle Me This...

It stands on one leg, with its heart in its head... what is it?

(Answer on back)

### Hilo Pride

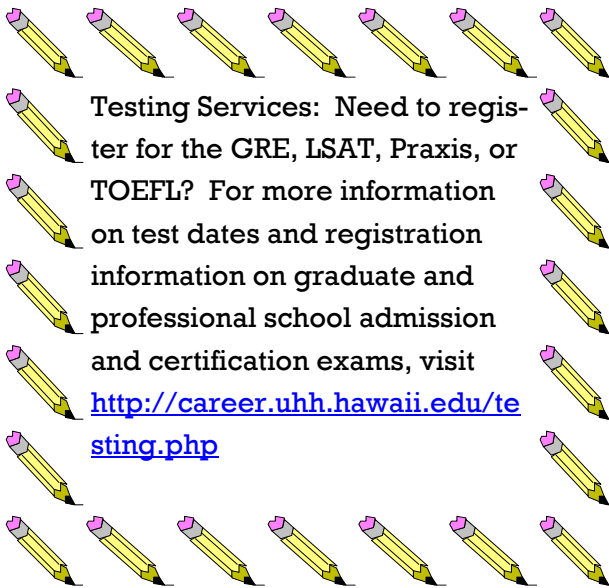
The UH Hilo Gay and Lesbian OHANA, formerly known as UH Hilo GLO, continues to provide a nurturing supportive environment for the IQ support group is held every Friday from 5-6 PM on the third floor of the Campus Center. Interested students are asked to join the group to talk story and discuss anything that is on your mind as well as kick back and relax after a long week.

The LGBTIQ Resource Center Committee meets Tuesdays at 9:30 AM outside the lava lounge.

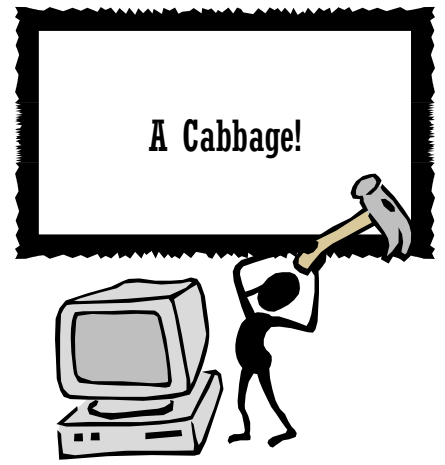
The LGTBIQ Club meets Tuesdays at 5 PM in K105, "Serving the Lesbian, Gay, Bisexual, Transgender, Intersex, Queer and Questioning community of the University of Hawaii at Hilo campus and beyond.

### Spring Break Isn't that far Away...

Break Thru Adventures, a week-long, eco-adventure aimed at protecting native and endemic species on the neighbor islands, invites all UH Hilo students to apply! Island destinations include Kauai, Maui, Molokai, and Kahoolawe! Please apply before February 6 if you would like to participate in this exciting community service opportunity. For more information, please contact Keala Barnett at [maralei@hawaii.edu](mailto:maralei@hawaii.edu) or Joshua Hicks at [jrhicks@hawaii.edu](mailto:jrhicks@hawaii.edu) or call (808) 974-7381 or stop by the office at Campus Center 316.



Testing Services: Need to register for the GRE, LSAT, Praxis, or TOEFL? For more information on test dates and registration information on graduate and professional school admission and certification exams, visit <http://career.uhh.hawaii.edu/testing.php>



### Deal with that Stress!

- A) Set realistic goals at home and at work.
- B) Work to resolve conflicts with other people.
- C) Don't worry about things you can't control.
- D) Ask for help from friends, family or professionals.
- E) Eat well-balanced meals and get enough sleep.
- F) Exercise on a regular basis.
- G) Try to look at change as a positive challenge, not a threat.
- H) Prepare to the best of your ability for events you know



### Happy Valentines Day!

**Did you know...** the island of Hawaii has a greensand beach, the largest mountain in the world, the most southern spot in the United States, an active volcano, two international airports, seven of the eleven climate regions, some of the highest obesity and diabetes rates in the US, and is one of the most culturally (probably the most!) culturally diverse places you'll ever live.



Just because people come here, doesn't mean you shouldn't travel! National Student Exchange Applications: The Fall 2009 through Summer 2010 NSE application deadline is February 16. For info, visit the NSE office in Campus Center Room 313 or call 974-7389.



### About the Editor:

Maddie enjoys hiking and is working on her Advanced Open Water with Kenzie. To contact her, email: [madelina@hawaii.edu](mailto:madelina@hawaii.edu)